

Dr. Theodoros Xanthos

Short Curriculum Vitae

Professor Physiology–Pathophysiology

School of Health Sciences

Vice-Rector International Affairs & Extroversion

University of West Attica

President Hellenic Society of Cardiopulmonary

Resuscitation

June 2023

1. Current Position

- September 2023- now: **Vice-Rector of International Affairs and Extroversion** University of West Attica
- June 2022- Now: **Full Professor of Physiology and Pathophysiology** School of Health Sciences, University of West Attica
- December 2014-Now: **Adjunct Full Professor** Midwestern University of Chicago, Department of Pharmaceutical Sciences School of Pharmacy (Deans: Fjortoft NF 2014-2019; Emerson ME, 2020).
- November 2023-now. **Adjunct Full Professor** University of Mutah, School of Pharmacy, Jordan
- March 2023- now. **Vice-Rector of External Affairs & Extroversion**, University of West Attica

2. Previous Position

- 2015-2022: **Full Professor Physiology & Pathophysiology European University Cyprus (EUC).**
 - President Department of Medicine EUC (September 2020-now).
 - Undergraduate MD Program Director (September 2018 – now).
 - Vice-President Department of Medicine EUC (September 2018 - September 2020).
 - Chair of the Curriculum Committee Επιτροπής Department of Medicine EUC (September 2017 – now).
 - Chair Internal Quality Assurance Department of Medicine (September 2017 – now).
 - Chair of Safety and Policy Committee, Department of Medicine, EUC (September 2018 – now).
 - Chair of the Accreditation Committee School of Medicine , EUC (September 2018 – now).
 - Chair of the Academic Committee School of Medicine, EUC (September 2018 – now).
 - Director of the MSc Program “Medical Education”, School of Medicine, EUC (September 2020 – now).
 - Member of the Senate EUC (September 2018 – now).

3. Education and Degrees

A. Undergraduate Education

1987 - 1993: School of Medicine, National and Kapodistrian University of Athens

B. Postgraduate Clinical Training

- April 1994-July 1995: District Medical Center Kimolos Island, Health Center of Milos.
- December 1995-December 1997: Internal Medicine Resident, Dafni Hospital, Athens.
- February 1998 - October 2000: Cardiology Resident, General Hospital of Nikea, Piraeus, Greece.
- Οκτώβριος 2000-February 2002: Senior SHO in Cardiology, Kingston General Hospital, London, UK.
- February 2002 – June 2003.: Specialist Registrar “Queen Mary” University Hospital, London, UK.
- July 2003: Consultant Cardiologist

C. Postgraduate Training Abroad after Residency

- 2011-2012: Post graduate Certificate Medical Education, University of Cardiff, UK.
- 2012-2013: Post graduate Diploma Medical Education, University of Cardiff, UK.
- 2013-2014: Post graduate Diploma Clinical Toxicology University of Cardiff, UK.
- 2014-2015: Master of Science Clinical Toxicology University of Cardiff, UK.
- 2013-2015: Master of Research University of Liverpool, UK.
- 2015-2016: Visiting Scientist Region of Sardinia, University of Cagliari Italy (Professor Ernesto D’Aloja).

D. PhD

«Combination Pharmacotherapy before defibrillation in a swine model of prolonged ventricular fibrillation».

Laboratory of Experimental Surgery and Surgical Research, National and Kapodistrian University of Athens 2008.

E. Post graduate Short Courses (Total 43)

F. Languages

- Greek, native Speaker
- English, near native Speaker
- French, near native Speaker
- Italian

4. Synopsis of Teaching Activities

UNDERGRADUATE TEACHING	
A. Teaching in Greece	19 Courses
B. Teaching Abroad	31 Courses
POST GRADUATE TEACHING	
A. Teaching in MSc Courses in Greece	29 Modules
B. Teaching in MSc Courses Abroad	9 Modules
C. PhD Supervision	
i. Steering Committee of PhD Students Supervision	13 PhD
ii. Member of the Examination Committee of PhD Defence	8 PhD
D. MSc	278 MSc Theses
E. Author of Medical Manuals for Students	8
F. Translation of Medical Manuals for Students	13
G. Chapters in International Medical Manuals for Students	12
H. Chapters in Greek Medical Manuals for Students	20
INVITED SPEAKER	
A. In Continuous Medical Education programs of various hospitals	25
B. in Greek Congresses	45
C. in International Congresses	41
CHAIR IN CONGRESSES/ CHAIR OF ROUND TABLES	56
MEMBER OF EDUCATIONAL COMMITTEES	22
INSTRUCTOR/DIRECTOR of SHORT COURSES	
A. Instructor of International Organizations	19
B. Instructor in International courses	20
C. Director – Instructor in Resuscitation Courses	628

4. Employment History

- April 1994-July 1995

District Medical Office of Kimolos, Milos Medical Center.

- December 1995-December 1997

Internal Medicine Resident, Dafni Hospital, Athens, Greece.

- February 1998-October 2000

Cardiology Resident, General Hospital of Nikea, Piraeus, Greece.

- October 2000-February 2002

Senior SHO Kingston General Hospital, London, UK.

- February 2002 – June 2003

Specialist Registrar, “Queen Mary” University Hospital, London, UK.

- March 2004-December 2006

Principal Investigator in the European Funded programs “Pythagors I” and “Pythagors II”, completed in the Laboratory of Experimental Surgery and Surgical Research.

***Note** since 2006 – now, I have several appointments..

- February 2006-June 2010

Fellow, Laboratory of Experimental Surgery and Surgical Research, National and Kapodistrian University of Athens.

- December 2007-2014

Visiting Professor of the Department of Anesthesiology and Post-Operative Intensive Care, School, of Medicine, University of Ioannina, Greece.

- 2007-2016

Coordinator of the MSc Program “Reuscitation” of School of Medicine, University of Athens.

- 2014-now

Adjunct Full Professor Midwestern University of Chicago, School of Pharmacology and Pharmaceutical Sciences, Chicago, IL, USA

- 2015-2017

Visiting Full Professor, University of Cagliari, Departments of Anesthesiology and Resuscitation and Department of Public Health and Molecular Medicine.

- April-October 2016

Visiting Scientist Region of Sardinia, Region of Sardinia.

- 2015-2022

Full Professor Physiology & Pathophysiology EUC, Nicosia Cyprus.

5. Awards / Fellowships

A. Awards in International Congresses (Total 12)

B. Fellowships/ Distinctions (Total 73)

Indicatively:

- Fellow of the Higher Education Academy
- Fellow of the Academy of Medical Educators
- Fellow of the European Society of Cardiology
- Fellow of the American College of Clinical Pharmacology
- European Registered Toxicologist
- Fellow of the European Resuscitation Council
- Fellow of the European Society of Translational Medicine

6. Member of Scientific Societies

A. Greek (Total 12)

B. International (Total 9)

7. Editorial Duties

A. International Journals Editorial Board (Total 13)

B. Reviewer (Total 42)

C. Medical Manuals Editor (Total 8)

D. Translation of Manuals (Total 13)

E. Author of Peer-Reviewed Chapters in Manuals (Total 32)

8. Organizational – Administrative Duties

Organizational Duties

A. Organizational Duties in the Hellenic Society of Cardiopulmonary Resuscitation

- Founding Member (1993) of the Hellenic Society of Cardiopulmonary Resuscitation (HSCPR).
- President of HSCPR (2009-now).

B. Organizational Duties in the School of Medicine, National and Kapodistrian University of Athens

2007-2016: Coordinator of the MSc Program “Resuscitation”.

C. Organizational Duties of the European University Cyprus

I. School of Medicine

- **September 2016-September 2018**, Coordinator of the Simulation for the development of Structure and Function
- **September 2018-September 2020**, Program Coordinator of the MD program and elected Vice Chair of the Department of Medicine
- **September 2017-2022**: Chair of the Curriculum Committee
- **September 2017-2022**: Chair of the School of Medicine, Internal Quality Assurance Committee.
- **September 2018- 2022**: School of Medicine Representative to the University Committee of Quality Assurance:
- **September 2018-2022**: Chair of the Health Policy Network Committee
- **September 2018-2022**: Member of the Assessment/Examination Committee
- **September 2018-2022**: Member of the Simulation Committee
- **September 2018-2022**: Member of the Continuing Medical Education (CME) Program Committee
- **September 2018-2022**: Member of the Committee on Research
- **September 2018-2022**: Co-Chair Accreditation Committee
- **December 2020-2022**: Member of the Expert Panel Committee for the Department of Medicine
- **December 2020-2022**: Member of the Internal Quality Committee for the Department of Dentistry

- **September 2018- 2022**: Chair of the Academic Committee of the School of Medicine
- **September 2020-2022**: Program Coordinator of the MD program
- **September 2020-2022**: Program Coordinator MSc Program Medical Education
- **September 2020-2022**: Co-Coordinator of the MSc Gerontological Sciences
- **September 2020-2022**: Elected Chair of the Department of Medicine, School of Medicine

II. Central Governance European University Cyprus

- **September 2018-2022**: Faculty Representative of the School of Medicine for the Senate
- **September 2018-2022**: Representative of the School of Medicine for the Committee of Internal Quality Assurance
- **September 2018-2022**, Member of the Standing Academic Committee of the Senate.
- **September 2020- Pre2022sent**, Member of the Standing Research Committee of the Senate
- **January 2021-2022**, Member of the Senate Ad-Hoc Committee for the Development of the framework of Life-Long Learning

III. Republic of Cyprus

- **2018-2021**: President of the National Committee of Laboratory Animal Use for Experimental Purposes of the Republic of Cyprus..
- **2019-2022**: Cyprus Representative of the Risk Assessment Committee of the European Chemical Agency of the European Commission.

E. Organization of Congresses (Total 16)

F. Organization of Short Courses (Total 1205)

G. Member of Organizing and Scientific Committees (Total 23)

H. Member of Committees for Institutional, Programmatic, Departmental Evaluations for USA, UK, Germany, Austria, Italy (among others)

9. Research Work

I. International Research Collaborations (Total 7)

II. Scholrships for conducting Research from private funds (Total 17)

III. International Patents (Total 4)

IV. European Funded Projects (Total 5)

V. PUBLICATIONS IN PEER-REVIEWED JOURNALS – ORAL PRESENTATIONS

(SYNOSPIS) Table 1

A. Publications in International Peer-Reviewed Journals (Scopus).....	:300
B. Chapters in Peer-Reviewed International Books.....	:12
C. Proceedings in International Congresses.....	:11
D. Oral Presentations in International Peer-Reviewed Congresses.....	:98

Impact Factor of International Publications (as of March 2023)

- Total : **1255,78**
- Mean..... : 3.43

Impact Factor of Published Abstracts (as of March 2021)

- Total..... **218,364**
- Mean : 4,563

Total Impact Factor of Full Texts and Published Abstracts (as of March 2021)

- Total **1.474,14**

Citations

- Total : **10754**
- h index : 46
- Index i10 : 167

The Corresponding links to my research work and citations can be found here

<https://scholar.google.gr/citations?user=Hr6SIXgAAAAJ&hl=el>

here <https://uniwa.academia.edu/TheodorosXanthos>

here <https://pubmed.ncbi.nlm.nih.gov/?term=xanthos+t>

and here <https://www.scopus.com/authid/detail.uri?authorId=19337989500>

My world ranking can be found here <https://www.adscientificindex.com/scientist/theodoros-xanthos/4893705>

VII. PUBLICATIONS IN GREEK JOURNALS – ORAL PRESENTATIONS IN GREEK CONGRESSES

A. Full Text Publications in Greek Journals (Total 27)

B. Chapters in Greek Medical Manuals (Total 14)

C. Oral Abstract Presentations in Greek Congresses (Total 106)